



Home for the Holidays

Let Us Reintroduce You
to **PMHFOS**





Meet Heather, HOME SINCE 2013

Heather has a large family who loves and cares for her and parents who've raised her, protected her, and included her fully in family life for over 40 years.

As her siblings grew older and began families of their own, Heather continued to live with her parents well into adulthood. While her parents were at work, she would attend a local Day Program. She would come back each day to an empty house until her parents would return from work. Her social interactions outside of family events were limited, and she had to rely on her parents for every decision and interaction. She has been the center of her parents' lives for decades, and all their decisions and interactions relied on her. They became faced with a familiar worry that every parent of an adult child with intellectual disabilities has...who will provide the same love and care for their child when they no longer can? After a lot of research and prayers, they decided to move Heather into a community residential home operated by Passavant Memorial Homes (PMH).

PMH operates more than 140 community residential homes. Individuals in our community homes enjoy living in residential neighborhoods with staff support available 24 hours a day.

Every individual is encouraged to engage in a variety of vocational, recreational, spiritual, and leisure opportunities. PMH staff assist our residents as they choose and participate in events and activities in areas of personal interest. PMH strives to ensure that each individual's needs are fulfilled and promote full and enriched lives.

When Heather moved into her home, she instantly felt a part of the family. Heather is extremely friendly and social and enjoys the camaraderie with the other ladies who live in the house. She loves to socialize, and community integration has allowed her to thrive. She has a part-time job that she absolutely loves and rarely misses a day of work. Her family is welcomed with open arms when they visit her at home, and she has such pride when hosting them.

Heather's successful transition to Residential Community Living has given her parents a renewed life. They've moved closer to Heather, so they can visit her often, and they also get to spend time with their other children and grandchildren as well. Most importantly, they have peace of mind knowing how happy and safe Heather is.



Meet Malaja, HOME SINCE 2016

Prior to coming to PMH, Malaja was in 33 different placements. Imagine if that were you; that is a lot of change for anyone to handle. Now imagine you're only 12 years old. How do you trust anyone? How can you ever feel at home? Does home really even have a meaning?

At PMH, our Children's Residential Program provides intensive support for our youth with mental and emotional needs and helps children and adolescents whose health is at risk while living in their community. PMH has an unconditional commitment to providing an environment with a primary focus on Therapeutic Teaching, and we believe that even in the most complex of situations, a person can thrive with the appropriate support in the appropriate setting.

Therapeutic Teaching looks beyond negative behaviors and focuses on the child holistically. Our trained staff understand the triggers and emotions that may lead to such behavior. This approach is proactive versus reactive. All children have interests, strengths, needs, and abilities, and through Therapeutic Teaching, work is accomplished, play is learned, love is felt, and life is enjoyed.

Our goal is to empower children and adolescents to develop the skills necessary to successfully return to their families

and/or communities. Since joining our family, Malaja has been able to enjoy recreational activities that simply allow her to be a kid. She made her basketball team at school, started gymnastics classes, and hopes to make the cheerleading squad. Malaja's journey illustrates the success children can have within our program and why your investment means so much.

We greatly appreciate your consideration of our request, and we understand that you have many choices when it comes to your charitable giving. We look forward to advancing our mission through your generosity.

— passavant.org/pmhfos

— To make a donation online, please visit BirdEasePro.com/PMHFHomeForTheHolidays



Passavant Memorial Homes (PMH) is a private, non-profit human service agency based in western Pennsylvania dedicated to empowering children and adults with intellectual disabilities, autism, and behavioral health needs to live successfully in the community. PMH has experienced tremendous growth through the development of its subsidiaries: PDC Pharmacy, Life Enrichment Trust (LET), Accessible Dental Services (ADS), and Passavant Memorial Homes Foundation (PMHF), and together are known as the Passavant Memorial Homes Family of Services (PMHFOS).

PMHFOS continuously lives by our mission and provides supports to over 10,000 individuals. PMHFOS is committed to being an industry leader in the provision of service alternatives for individuals through maximizing financial and community resources. Just as a family cares for one another, our Family of Services offer the highest quality supports while promoting choice and independence.

Our Foundation, PMHF, was created in 2001 to provide additional financial resources in support of our quality programs, which care for the physical, emotional, social, and spiritual needs of those we serve. PMHF upholds the belief that all people have the right to lead full, productive, and independent lives.

We invite you to become part of our 123-year legacy. Through your support, we can further enhance the pursuit of our mission and ensure that PMHFOS continues to enrich the lives of those we are privileged to serve.

To provide tangible statistics on your investment:

\$25	Could subsidize needed support tools regularly used in behavioral therapy such as sensory items, books, and supplies	\$200	Could meet the average costs associated with a routine dental exam, including a cleaning and x-rays
\$75	Could provide a month's worth of activities and services to an individual in one of our three Day Programs	\$500	Could defray costs involved with winterizing one of our 140+ community residential homes

Currently at PMHFOS:

- * Services are provided to over **10,000** individuals
- * Over **1,700** employees further our mission across our Family of Services
- * More than **400** individuals call one of our **140+** houses *home*
- * Support services are provided to **700** individuals
- * **90** individuals participate in our Day Programs across **3** locations
- * **40** individuals are part of our Seniors Programs across **3** locations
- * **25** individuals are supported through our Lifesharing Program
- * **140** individuals are involved with our Community Participation and Employment Programs
- * Direct support staff provide care **24** hours per day and **7** days per week
- * **4** pharmacies fill over **500,000** prescriptions annually
- * **2,000** beneficiaries are served through our special needs trust
- * **5** dental locations + **1** mobile dental unit serve over **3,000** patients annually



